

Report on Orientation Workshop on Mission LiFE

Date: 21-11-2023

Introduction:

Mission LiFE (Lifestyle for Environment) is a comprehensive initiative comprising seven key themes aimed at fostering environmental consciousness and sustainable living. The themes include:

1. Save energy
2. Save water
3. Say no to single-use plastic
4. Adopt sustainable lifestyles
5. Reduce waste
6. Adopt healthy lifestyles
7. Reduce e-waste

The primary objective of Mission LiFE is to mobilize at least one billion Indians and global citizens to take individual and collective actions to protect and conserve the environment within the period of 2022-28. This mission is founded on the P3 model, emphasizing the transformation of individuals into "pro-planet people" who adopt sustainable lifestyles.

Workshop Overview:

Participants:

The workshop saw the participation of 168 members, including faculties, heads of departments, directors, and representatives from diverse fields such as science, engineering, pharmacy, and various regulatory bodies and committees.

Agenda:

1. Theme 1: Save Energy

- Presented by Mr. Rajendra. N. Pandya, Expert Speaker, Energy Consultant.
- Key Points:
 - Awareness on the daily loss of energy due to various factors.
 - Discussion on the importance of energy efficiency.
 - Emphasis on utilizing natural sources, particularly solar energy.
 - Practical tips, such as using LED lights and efficient fans.

2. Theme 2: Save Water

- Presented by Mrs. Namrata Bhuptani, Assistant Project Executive, GEDA.
- Key Points:
 - Highlighting the significance of water conservation.
 - Strategies for minimizing water wastage in gardens.
 - Techniques for water harvesting, leakage repair, and water auditing.

3. Theme 3: Reduce Waste including E-Waste
 - Presented by Dr. Bharat Jain, Member Secretary, Gujarat Cleaner Production Centre.
 - Discussion on Effective Industrial and Agricultural Cleaner Production (EIACP), Pollution Control (PC), and Resource Productivity (RP).
4. Theme 4: Say No to Single-Use Plastic
 - Presented by Dr. Pathik Shah, General Manager (Phase-1), Gujarat Council of Science City-Ahmedabad.
 - Strategies for reducing and eliminating single-use plastic.
5. Theme 5: Adopt Healthy Lifestyles and Sustainable Food Systems
 - Presented by Dr. Janki Shah, Programme Director, Centre for Environment Education.
 - Discussion on promoting healthy lifestyles and sustainable food systems.

Key Recommendations:

The workshop concluded with practical recommendations and action points for the participants to implement in their respective areas. These include:

- Adhering to government rules and Memoranda of Understanding (MOUs).
- Implementing energy-saving measures, such as regulating mall central AC usage.
- Adopting sustainable practices like using LED lights and avoiding yellow bulbs.
- Encouraging waste reduction through proper disposal and recycling methods.
- Promoting water-saving practices and water harvesting initiatives.
- Saying no to single-use plastic and implementing alternatives.
- Fostering healthy lifestyles through traditional practices and sustainable food choices.
- Addressing e-waste concerns through proper disposal and recycling programs.

These recommendations align with the broader vision of Mission LiFE, aiming to create a positive impact on the environment and promote sustainable living practices.

Attachments:

Any supplementary materials, presentations, or additional information presented during the workshop.

This report is submitted in adherence to the objectives and outcomes of the Orientation Workshop on Mission LiFE.

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